

ARE YOU OVER THE AGE OF 45

AND WANT TO CONTRIBUTE TO FURTHER UNDERSTANDING OF HEALTH AND PREVENTION OF INJURIES IN CANADIAN SENIORS?

Researchers at the University of Waterloo are conducting a research project for which you may be eligible!

We would like to learn about:

- Health and mobility related impairments
- Chronic disease prevalence rates
- Injury prevention
- Lifestyle choices of those over the age of 45 and how they affect one's health over time

You may be eligible to participate in this research that aims to learn about health and mobility related impairments in Canadian seniors, if you meet the criteria:

- Over the age of 45

If you choose to participate in this study, you have the option of being entered into a draw for a prize!

To participate in English:

https://www.surveymonkey.com/r/canadian_health_mobility_survey_eng

Pour l'enquête en Français, vous pouvez suivre le lien ci-dessous:

https://fr.surveymonkey.com/r/canadien_sante_mobilite_enquete_fr

If you would like more information, please contact:

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